

# Curiosity Is Great for Your Brain



No matter what your age, learning something new improves brain health and offers a host of other benefits. Give your brain a workout right now and find 20 opportunities for lifelong learning hidden in this puzzle.



- BOOK GROUP
- COLLEGES
- COMPUTER
- COOKING
- COURSES
- DANCING
- FILM CLUB
- INTERGENERATIONAL
- LANGUAGES
- LIBRARY
- MEMORY CLUBS
- MUSEUMS
- MUSIC LESSONS
- ONLINE
- PARKS DEPARTMENT
- SELF HELP
- SENIOR CENTER
- THE ARTS
- TRAVEL
- WELLNESS

