

# Cultural Activities for Seniors

Studies show cultural engagement taps the power of creativity, and provides social interaction and mental stimulation. Here are 20 great cultural opportunities. Take part in an old favorite, or try something new!



- BAND
- BOOK GROUP
- CINEMA
- CONCERT
- DANCE
- ETHNIC FEST
- EXHIBITION
- FESTIVAL
- GALLERY
- HISTORIC SITE
- LECTURE
- MEMORY CAFE
- MOVIE
- MUSEUM

C	I	N	E	M	A	M	O	V	I	E	R	H	O	I
O	L	F	X	S	T	Y	P	P	F	D	H	T	E	F
X	B	Z	H	V	H	A	D	L	E	C	T	U	R	E
Z	G	M	I	E	E	N	Z	B	A	R	I	L	T	S
Y	F	P	B	G	A	L	L	E	R	Y	A	I	O	T
Q	H	E	I	B	T	L	D	G	N	U	S	B	Z	I
G	F	R	T	F	E	X	U	O	N	C	S	O	A	V
Z	A	F	I	H	R	U	H	J	I	D	M	O	T	A
I	L	O	O	Z	N	P	F	R	X	A	U	K	E	L
D	P	R	N	G	M	I	O	G	Z	N	S	G	H	M
K	O	M	V	Y	W	T	C	O	N	C	E	R	T	P
X	C	A	S	C	S	S	Q	F	V	E	U	O	B	M
Z	M	N	Y	I	C	V	I	D	E	O	M	U	I	R
P	M	C	H	F	F	I	G	G	C	S	R	P	J	A
M	E	M	O	R	Y	C	A	F	E	T	F	Q	H	



- OPERA
- PERFORMANCE
- PLAYS

- SYMPHONY
- THEATER
- VIDEO