

KEEPING FIT WHEN IT'S COLD OUTSIDE

This puzzle contains 20 words having to do with winter exercise—things you'll need to be safe outdoors, and alternative indoor activities.



S	M	A	L	L	W	A	L	K	I	N	G	T	T	F
F	I	T	N	E	S	S	C	E	N	T	E	R	V	Z
G	Y	M	W	D	Z	L	A	Y	E	R	S	E	E	Z
H	B	J	A	B	S	A	F	E	S	A	J	A	S	T
D	O	H	N	U	T	E	F	E	C	C	G	D	E	N
A	W	I	O	W	A	R	M	H	A	T	L	M	N	F
Y	L	H	L	O	A	O	L	D	N	I	H	I	I	L
P	I	I	W	C	D	B	F	U	A	O	Y	L	O	A
R	N	J	S	S	W	I	M	M	I	N	G	L	R	S
O	G	G	A	R	H	C	E	Y	D	S	C	X	C	H
O	I	V	L	C	I	S	A	C	H	H	F	I	E	L
M	U	K	I	O	K	Q	P	Y	Y	O	G	A	N	I
W	O	A	I	B	V	E	V	I	D	E	O	P	T	G
Q	T	F	Y	P	J	E	T	N	N	S	I	P	E	H
C	E	X	E	R	C	I	S	E	B	I	K	E	R	T

AEROBICS
BOWLING
DANCING
EXERCISE BIKE
FITNESS CENTER

FLASHLIGHT
GLOVES
HOODIE
JACKET
LAYERS

MALL WALKING
SCARF
SENIOR CENTER
SWIMMING
TAI CHI

TRACTION SHOES
TREADMILL
VIDEO
WARM HAT
YOGA

