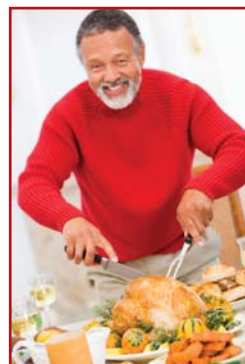


*Solution to:
The Gift of Healthy
Holiday Dining*



L T S N L D B E T N M S R Y L
 G O H K Y L X N I H O S O R O
 E Q W Z I E O A J C D E A T R
 K E J C R N R W H J E N S L T
 T K R C A G L I F N R E T U N
 V U I F E L G E H A A R I O O
 D S F L T H O C S H T A N P C
 E N O H F A P R X S I W G X N
 T H P I A L F T I Y O A F D O
 W X B B N U T R I E N T S F I
 V E G E T A B L E S M A B R T
 R M U I D O S W O L L O G U R
 S N I M A T I V T A W E L I O
 P R O T E I N J D S A C B T P
 R E T A W A E S G R A U A S C